



# 2017 RESIDENT CAMP HANDBOOK

## YMCA CAMP MARVIN HILLYARD

9501 S.E. HILLYARD RD.  
EASTON, MO 64443  
816-233-YMCA (9622)  
[www.stjoyymca.org](http://www.stjoyymca.org)

Now offering 3 weeks of  
Resident Camp!!

WEEK #1: JUNE 25-30, 2017  
(Boots and Saddles)

WEEK #2: JULY 16-21, 2017

WEEK #3: JULY 23-28, 2017







**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Welcome to YMCA Camp Marvin Hillyard**

Parent Information Packet

Dear Parents,

Thank you for choosing YMCA Camp Marvin Hillyard for your child's summer camp experience! YMCA Camp Marvin Hillyard sits on 69 acres of wilderness and provides the perfect setting for our diverse, challenging and fun programs. Campers will make lifelong friends and learn about the new things from exceptional staff. They'll acquire and strengthen new activity proficiencies as well as values based, social skills. But most of all, they will have fun!

This handbook will help prepare you and your camper for their week long adventure and answer a wide range of your questions. We encourage you to become familiar with our handbook as well and talking with your camper about what they can expect.

Please complete the enclosed forms and return them to the Y. If you have any questions or concerns, please feel free to contact us at 816-233-YMCA (9622). Again, thank you for choosing YMCA Camp Marvin Hillyard, we look forward to seeing you at check-in.

Sincerely,

SACC/Camp Director  
St. Joseph Family YMCA  
YMCA Camp Marvin Hillyard





# A-Z INFORMATION

## AGE GROUPS

Children are assigned to groups according to their ages. This atmosphere encourages close child/staff interaction and provides an opportunity for each child to express herself/himself, be accepted by their peers, and learn new skills. We may take special request to keep friends, siblings or relatives together.

## ALLERGIES

ALL known allergies or any special dietary needs based on a medical condition must be in writing on your child's registration forms. Please talk with staff if your child has special or more serious circumstances (example: cannot be near peanut butter or latex). An **Medication Authorization** form must be filled out and signed for all medications given during camp. This form is available at the Welcome Desk at either YMCA location.

## CAMP COUNSELORS

YMCA Camp Marvin Hillyard counselors are selected on the basis of ability, enthusiasm, and concern for helping young people develop into young leaders. All camp counselors participate in a pre-camp orientation and on-going training sessions. Counselors are also CPR and First Aid certified.



## CHARACTER DEVELOPMENT

The YMCA mission comes to life through the emphasis of four character values: Caring, Honesty, Respect and Responsibility. Challenging people to accept and demonstrate these values is the foundation for the development of important character traits that will remain with a child for his/her entire life. Challenging people to accept and demonstrate positive values is more effective than treating problems because it deals with the roots and not just the results.

If everyone exhibited Caring, Honesty, Respect, and Responsibility, what would this community look like? The country? The world?

This is what the YMCA is about. Make this summer for your child to grow and develop strong roots and positive values. Talk at home about what they have learned. Talk in the car about their experiences. Talk about how your family can display these values to others.



## **CHILD ABUSE PREVENTION & SAFETY**

The health and well-being of your child is essential to the YMCA. The YMCA staff are trained in the signs of child abuse and the appropriate procedures for responding to the suspicion of abuse and will be alert to the physical and emotional state of all children. When any sign of suspected abuse is detected, the Leadership Staff will be notified immediately and a report will be made to the appropriate authorities. The YMCA will not release a child to anyone other than the authorized parents/guardians or other individuals authorized by the parent/guardian.

## **CLOTHING AND DAILY ATTIRE**

During camp, children should wear simple, non-restrictive clothing that you do not mind getting dirty, muddy, or wet. Children are required to wear closed-toe shoes, a pair of athletic shoes are recommended. This is for the child's safety and comfort as programs are very active. Label all belongings. Please do not wear articles of clothing which are not in good taste or appropriate for camp or clothing that does not appropriately cover the body. The YMCA is not responsible for loss of belongings (see lost and found).

## **CODE OF CONDUCT**

Please read over the Camper Code of Conduct Contract (included in this handbook). The YMCA expects all children to behave according to these guidelines.

## **DISCIPLINE POLICY**

All camp activities are designed to reinforce the four character principles of **Caring**, **Honesty**, **Respect**, and **Responsibility**. Safety is our first priority. When working with children our staff use a strength-based approach of behavior management. If a camper's behavior is disruptive to the experience of others, appropriate action will be taken by staff. Most incidents are handled effectively by staff, but if behavior problems continue, we will always call parents to enlist your help. Campers who are continuously disruptive will be sent home from camp.

- **3 Strike Behavior Policy:**

If there is an issue that cannot be resolved by the camper or the counselor, appropriate action is taken.

Strike 1-Verbal warning and positive redirection.

Strike 2-Parents will be notified by the Camp Director and child will be given a last warning.

Strike 3-Child will be removed from camp. Camp Director phones the parents.

- **2 Strike Bully Policy:**

Strike 1-When a child chooses to threaten, intimidate, ostracize, or ridicule another child, they will be warned once, at which time the Camp Director will call the parents and put them on the phone with their camper.

Strike 2-Child will be removed from camp. Camp Director phones the parents.

To ensure a safe and caring environment for all, YMCA Camp Marvin Hillyard uses a Zero Tolerance Policy on violence, which states:

"Any act of violence, including bullying, toward any person, animal, equipment, property or facility by an employee/participant/camper/student/member/volunteer/visitor or guest could result in immediate release from YMCA Camp Marvin Hillyard with further legal ramifications to follow if necessary." There is no camper fee refund for any child sent home for disciplinary reasons. Any questions or concerns about your child's behavior should be directed to the Camp Director.

## **DROP OFF/PICK UP PROCEDURES**

### **Drop off**

Check in for all Resident Campers is on Sunday from 6:00 pm to 7:00 pm. Dinner will **not** be served, so please make sure your camper has eaten before check in.

In order to ensure the smoothest possible check-in process for everyone and a successful camp experience for your child, please be certain to complete and return the Camper Registration forms and **Medication Authorization** Form (if your child will be given medication while at camp) one week prior to your camper's session. Please be advised your child's camp admission is not guaranteed until we have the completed and signed forms.

Please have your camper say goodbye to your family pet at home. Pets are not allowed at camp!

\*If you are going to be delayed in dropping off or picking up your camper, please notify us.

### **Pick up**

Check out is on Friday from 4:00 pm to 5:00 pm. When you arrive you may load your camper's luggage.

Please schedule extra time for checking out: We will begin with a Closing Presentation for all parents, guardians and family members at 4:30 pm. This will feature an award ceremony with awards given out by the counselors.

Following the presentation, please sign out your camper with their counselor. Counselors will have medication or empty medication bottles. This is a great time for you to find out any particulars about your child's week from their counselor.

All campers will need to be signed out by their parent or guardian with proper picture ID. If your child is to be picked up by someone other than their parent, we require prior notification from you. We thank you for your patience and understanding as we work to assure the safety of all campers.

If you need to pick up your camper early on Friday, you must do so before 2:00 pm. There is no early check out between 2:00 pm and 4:00 pm on Friday, so please notify us in advance for early pickup.

Please wait until you get home to reunite with the family pet. Pets are not allowed at camp!

## **ENROLLMENT**

Please read and complete the registration form carefully. Once a completed registration form and payment is received, a Welcome Letter will be sent to your camper. Any changes to the original information must be given to the Camp Director in written form. If your family has a YMCA Family Membership, you will receive 50% off as a benefit of your family membership.

## **FEES**

**YMCA Family Benefit: 50% off one week of Resident Camp (Does not apply to Boots & Saddles )**

**Resident Camp—Member Rate: \$195 Non-Member Rate: \$215**

**Boots & Saddles—Member Rate: \$220 Non-Member Rate: \$235**

**Registration Fee—\$30 per family**

## **FINANCIAL ASSISTANCE**

The St. Joseph Family YMCA is committed to turning no one away due to the inability to pay the stated fees. Based on available contributed resources, the Y provides financial assistance to those in need who wish to participate. Please contact Brandi Whisenand, Billing Clerk, at 816-233-YMCA (9622) to inquire about this service.

## **INCLEMENT WEATHER**

YMCA Camp Marvin Hillyard staff keep the safety of their campers the number one priority at all times. Camp is equipped with weather radios that are manned at all times. Should we be alerted that we have potential for inclement weather, we will move campers to the Dining Hall prior to the start of the inclement weather. Should we experience severe weather, staff will move the campers to the basement of the Activity Center and keep them occupied with games, crafts etc. until they are given the all clear.

In the event of a severe storm that produces damage rendering our facilities unusable, or other natural disaster, you will be contacted immediately. Telephone calls to parents, or those listed on the registration form as emergency contacts, will be placed. We will also post information on the YMCA facebook, the YMCA website [www.stjoymca.org](http://www.stjoymca.org), local television (KNPN and KQ2) and radio stations (KKJO, Q Country).

## **ILLNESS**

All staff are trained in Red Cross First Aid and CPR. Throughout the campers stay, counselors and other staff watch for signs of fatigue, dehydration, improper eating, etc. that may indicate illness. If a counselor or camper expresses a health concern, they are escorted to the Camp Director. The Camp Director will contact parents or emergency services when necessary. Parents will be notified immediately if a child has a fever in excess of 100 degrees, has been vomiting, or has evidence of lice. The parent will be asked to pick up the child immediately in any of these instances. Should a child have a communicable disease, they will be taken to the Camp Office and isolated from other campers until the parent picks up the child. In the case of a camper having a communicable disease, parents of all campers from that cabin group will be notified. Please notify us if a communicable disease occurs shortly after returning home from camp. In the event of any injury that requires medical attention, the parent will be notified immediately. Arrangements will be made to meet the parent at the hospital, or for the parent to pick up the child, depending upon the severity. Please be assured that we will always contact parents when there is concern about a person's health and/or when a situation is not progressing as expected.

If your child is not feeling well on the first day of camp, please keep them home an extra day and bring them to camp when they no longer exhibit signs of illness. Please call the Camp Director to institute a plan to safeguard the health of all campers and staff.

## **LOST AND FOUND**

Regardless of how careful we are, it is inevitable that some items will be misplaced throughout the week. Properly labeled or marked items are always easier to get back to their owners, so be sure to put your camper's name on everything you possibly can, including plastic bags for laundry. Lost and Found will be displayed at Friday check out; unclaimed items will be kept by the camp for one week and then donated to local charities. YMCA Camp Marvin Hillyard is not responsible for the loss of articles; campers are encouraged not to bring valuable to camp.



## **MEDICATION**

You will need to bring over-the-counter medications such as acetaminophen and ibuprofen; camp does not keep these in supply. However, only staff may administer, and the med must be given to staff at check in.

Any medications, including vitamins, inhalers, and non-prescription medications must be checked in with the Camp Director at Sunday check in. Medications of any type will not be allowed to be kept in the cabins.

If you are sending any medications at all with your camper, you must complete the **Medication Authorization** form and bring it with you at check in.

All medications must be in their original pharmacy containers. Each container must be properly labeled with the child's name, name of medication, dosage, and time to dispense (breakfast, lunch, dinner, or as needed). Containers will be returned at check out.

## **PARTICIPATION**

Campers are encouraged to participate in all activities. If they cannot participate for medical reasons, a note from the parent/guardian or doctor is recommended. Campers who refuse to participate in group activities make it difficult for the other campers in the group to have an enjoyable time. If a child continually refuses to participate in activities they may not be allowed to return to the program. When applicable, any child not swimming will sit with the staff on the pool deck for the swim time or an alternative activity may be scheduled.

## **PAYMENT**

At the time of registration, a \$30 non-refundable deposit must be made to hold your camper's spot. This \$30 is then applied to the balance of the camp payment. The camp must be paid in full one week prior to the start of your camp session. You may pay your balance by mailing a check to: St. Joseph Family YMCA, 315 S. 6th Street, St. Joseph, MO 64501 or by coming to the Welcome Desk at either YMCA location.

Note: Balances not paid prior to the start of the camp session may result in the loss of your spot in that camp session.

## **REFUNDS**

Refund requests must be made in writing and received no later than 2 weeks before the start of a camp session. This will ensure that you will receive a refund on our camp fess, minus the \$30 non-refundable deposit. All cancellations made less than two weeks prior to the start of the camp session are non-refundable. YMCA Camp Marvin Hillyard does not offer a refund for any child who leaves camp because of illness, homesickness, or disciplinary reason.



## **RELEASE OF CHILDREN**

Parents are required to sign their children in upon arrival to the program, and sign them out before leaving. Children are not allowed to sign themselves in or out of the program.

Authorization to pick up your child is included in the enrollment forms. The list of persons authorized to pick up your child must be current and accurate. Changes must be made in writing and submitted to the Camp Director. Photo identification is required for any person picking up a child. Persons **MUST** come into the camp facility in order for the child to be accepted or released. No child in our care will be released to persons not authorized to do so by the enrolling parent. In the case of an emergency, please contact the Y staff as soon as possible.

If a person picking up a child displays signs of being inebriated or in some way unable to provide safe transportation for the child, the staff member in charge will suggest alternate transportation with a private provider to be paid by the parent. If no arrangements can be made, DHS and the local police will be notified.

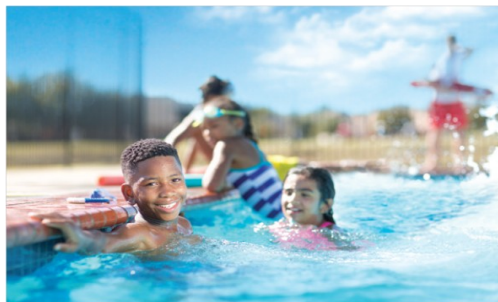
If we have not heard from you by check out time, and we cannot reach you by phone, your emergency contact numbers will be called and one of those contacts will be asked to come pick up your child. If neither you nor your emergency contacts can be reached, we will keep your child for a half hour. After that time, DHS and the police will be notified.

### **Custody Agreements**

Changes in custody agreements will be accepted only with a copy of the court order specifying the change and the persons named as having legal custody of the child. A staff cannot legally refuse to release a child to a verified parent unless there is a court order in the child's file stating that the parent does not have custodial rights. Simply writing on the enrollment form that you do not want a parent to pick up your child does not give us the legal right to refuse pick up.

## **REST & RELAXATION TIME**

All groups may have rest and relaxation time each day. Children may bring their own books from home (make sure it is labeled). During this time children will have the opportunity to rest and relax during a very busy day.



## SAMPLE DAILY SCHEDULE

8:00-8:30 am	Wake up/get ready for the day
8:30-8:45 am	Waiters meet to set the tables
8:45-9:00 am	Meet for Flag raising/Day Campers arrive
9:00-9:30am	Breakfast
9:30-9:45 am	Clean up
9:45-10:00 am	Announcements/sunscreen
10:00-11:50 am	Activities 1, 2 & 3
11:50 am-12:00 pm	Transition to lunch
12:00-12:30 pm	Lunch
12:30-12:45 pm	Clean up
12:45-1:00 pm	Transition to swim
1:00-2:45 pm	Swim
2:45-3:00 pm	Transition from swim
3:00-3:30 pm	Snack/Day Campers leave
3:30-4:30 pm	Cabin activities
4:30-5:30 pm	Cabin time/Relaxation time
5:30-5:45 pm	Cabin inspections
5:45-6:00 pm	Waiters meet to set the tables
6:00-6:30 pm	Dinner
6:30-6:45 pm	Clean up
6:45-7:00 pm	Cabin Awards/Announcements
7:00-8:30 pm	Evening Activity
8:30-9:00 pm	Campfire on Friendship Hill
9:00-10:00 pm	Showers/Transition to cabins
10:00 pm	Lights out



## **STAFFING**

YMCA Camp Marvin Hillyard Counselors are selected on the basis of ability, enthusiasm, and concern for helping young people develop into young leaders. All camp counselors participate in pre-camp orientation and on-going training sessions. Counselors are also CPR and First Aid Certified.

### **Outside contact between Staff and Children**

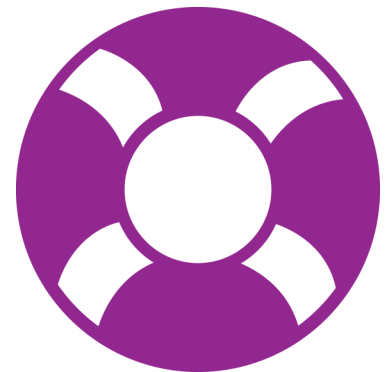
Y staff are prohibited from having outside contact with children in Y programs. This includes, but is not limited to birthday parties, babysitting, sleepovers, transportation, and any non-Y events. Any exceptions require a written explanation before the fact and are subject to administrator approval.

## **SWIMMING**

Campers have the opportunity to swim. Our pool is staffed by YMCA Lifeguards. All campers will be given a swim test prior to the swim session each day. Any camper that does not complete the test will be required to remain in the shallow end of the pool. We ask that campers bring a swimsuit and a towel so that they may participate. Campers will only be allowed to swim in their swimsuit, no excep-

## **WATER**

Water is the ultimate hydrator and is our primary drink during the day. Each camper will need to bring with them a water bottle to keep filled up and with them during outdoor activities. YMCA Camp Marvin Hillyard Counselors will stop in between activities and have the campers take a water break and remind campers of the importance of hydration.



## WHAT TO BRING

- **WATER BOTTLE**
- A small daypack or backpack
- Sunscreen
- Insect repellent
- Sleeping bag, sheets and blanket
- Pillow
- Pajamas
- Towels and wash cloths
- Socks (a pair for each day)
- Underwear (a pair for each day)
- TWO pairs of shoes. All campers must wear closed-toe shoes to participate in any activity. This means no flips-flops, sandals, or crocs. (Flip-flops are ok for the pool and bathhouse).
- Shorts
- Jeans or long pants (required for horse back riding)
- T-shirts
- **A white t-shirt to Tie-Dye**
- Long Sleeve shirts
- Swimsuit and towel
- A sweatshirt, jacket, or sweater
- Hat
- Rain jacket (optional)
- Flashlight
- Toiletries (toothpaste, soap, shampoo, comb, brush, deodorant, etc....)
- Laundry bag or plastic bag for dirty clothes
- Pen and paper (optional)
- Disposable camera (optional)
- Sunglasses
- Stamps/envelopes (optional)
- Costume for Thursday Night Party (optional)
- **Positive Mental Attitude!!!!**

## BOOTS & SADDLES PACKING LIST

- Hard-soled boots or leather closed-toe shoes–no sandals or crocs.
- Long pants or jeans are required for horseback riding and hiking.
- Helmets are provided; campers may bring their own if it is ASTM or SEI approved.

## TIPS & GUIDELINES

Water is available to campers throughout the day at the fountains and water coolers located around camp. Campers with water bottles will be encourage to fill them periodically.

Please LABEL everything you send to camp with your child. Put their first and last name, initials do not help.

## WHAT NOT TO BRING TO CAMP

- Cell Phones
- Toys of any kind
- Jewelry
- iPods
- Video Games
- Makeup
- Pocket Knives
- Anything of personal value
- Money

Things that are brought to camp are the sole responsibility of the camper. YMCA Camp Marvin Hillyard Staff cannot be held responsible for lost or stolen items.







## YMCA CAMP MARVIN HILLYARD CODE OF CONDUCT



The goal of our program is to provide an atmosphere for children to develop a variety of satisfying skills and relationships, while enjoying healthy activities. Throughout the year, we continue with our Character Development with **Caring**, **Honesty**, **Respect** and **Responsibility** among our children. As a family, please read and discuss our Bullying Policy as well as the Character Contract TOGETHER. You will see several examples below.

**Caring:** It is important to use and care for equipment, toys and games properly so that other children can enjoy them. We will care for property of the YMCA, of other children and of the YMCA staff.

**Caring Conversation & Language:** Children will not be allowed to discuss inappropriate topics or contribute to demeaning conversations about other children or staff. Children must refrain from using obscene language or gestures for any reason.

**Honesty:** To be open with the Y staff and to tell the truth at all times.

**Respect:** When asked to do or not do something, a camper needs to follow directions the first time given. This is for the safety of all children. Please speak to staff and other children with respect.

**Responsibility:** All children need to remain with their group and within sight and sound of their staff. This applies while we are on YMCA grounds, school sites and on off-site field trips. We want children to be safe at all times. Children are responsible for all of their own belongings.

**AND PLAY:** We want children to have fun and participate 100% of the time. Positive attitudes make the Y experience fun and exciting for yourself and others.

**Anti-Bullying Policy:** See next page.

The above guidelines have been read and discussed.

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Child's Signature/Date

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Parent's signature/Date







## ANTI-BULLYING POLICY

Bullying is when one or more people repeatedly exclude, physically harm, or verbally abuse another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Parents, please note, bullying can also happen through cyberspace: through the use of emails, text messaging, instant messaging, and other less direct methods. This type of bullying can be especially hurtful when people are targeted with meanness and exclusion.

At Summer Camp and School Age Programs at the St. Joseph Family YMCA, bullying is inexcusable and we have a firm policy against all types of bullying. Our philosophy is based on our goal which ensures that every child has the opportunity to feel a sense of belonging, make achievements and create positive friendships with children and meaningful relationships with staff. We work together as a team to ensure that children gain self confidence, make new friends, and go home with great memories.

We have ZERO TOLERANCE POLICY for any sort of bullying (this may include but is not limited to name calling, singling out, hitting, shoving, and aggressive behavior). Zero tolerance means that your child may have to be picked up immediately if any sort of bullying occurs. This zero tolerance policy included parental behavior towards staff. The child may not be allowed in the program if there is poor behavior from anyone (including parents/guardians). Documentation of behavior from previous programs may be considered as a reference during circumstances.

Unfortunately, people who are bullied may not have the same potential to get most out of their Y experience. Our staff address all incidents of bullying seriously and are trained to promote communication between staff and children regarding their program experience. Every person has the right to expect to have the best possible experience, and by working together as a team to identify and manage bullying, we can help ensure that all children and staff have a great time at St. Joseph Family YMCA Programs.

The above guidelines have been read and discussed.

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Child's Signature/Date

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Parent's Signature/Date





# 2017 CAMP REGISTRATION FORMS

**Forms must be turned in one week prior to attending camp.**





# YMCA CAMP MARVIN HILLYARD RESIDENT CAMP REGISTRATION FORM

**CAMPER NAME:** \_\_\_\_\_ **Grade entering August 2017:** \_\_\_\_\_

**Sex:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_ **2nd Parent/Guardian:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_ **City, State, Zip:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Work Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

## Day Campers ONLY

Do you receive DFS assistance? Yes \_\_\_\_\_ No \_\_\_\_\_ Voc Rehab? Yes \_\_\_\_\_ Other? \_\_\_\_\_

If yes, attach Letter of Eligibility.

(The registration will not be entered unless your Letter of Eligibility is attached.)

## **PARENT PICK-UP AUTHORIZATION & EMERGENCY CONTACTS - Not including parents/guardians.**

Please list up to FOUR people who are authorized to pick up your child from camp. For your child's protection, they will only be released to someone listed below and they must have a photo ID.

1. \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

2. \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

3. \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

4. \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

## **Parent Handbook**

I have received a copy of the Resident Camp Parent Handbook. I understand that it is my responsibility to read and familiarize myself with the information contained in this handbook.

**Parent's Name (Printed)** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# SPECIAL AUTHORIZATIONS

**HORSES:** Horses will be available to all campers providing short riding trips. There will be experienced, trained wranglers directing the activity. I give permission for my child to participate in this activity.

YES \_\_\_\_ NO \_\_\_\_ Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PHOTOGRAPHY RELEASE:** I/We do \_\_\_\_\_ do not \_\_\_\_\_, give consent that YMCA Camp Marvin Hillyard and the St. Joseph Family YMCA may take photographs of our child, \_\_\_\_\_ . The photographs will be used to promote the purpose of the program. I/We understand that no financial benefits from the use of the photographs are obligated to be paid to me/us.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**RELEASE AUTHORIZATION:** I/We do \_\_\_\_ / do not \_\_\_\_, give consent for my/our child \_\_\_\_\_, to participate in field trips. I release the program of any liability unless negligence is proven.

Restrictions: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SUNSCREEN PERMISSION:** YMCA Campers spend a great deal of time in the outdoors and are exposed to the sun's harmful rays. Since it is our commitment to promote healthy spirit, mind and bodies, we have made the following policies in this regard:

- All campers will wear sunscreen with SPF of at least 15 on all exposed skin daily.
- Parents or legal guardians will be responsible for applying the first layer of sunscreen prior to drop off.
- Parents or legal guardians will be responsible for providing their children with enough sunscreen to take with them for later day applications. Please write their name on the sealed container. All sunscreen will be kept by the Camp Staff/Camp Director.
- Camp staff will be responsible for ensuring proper follow-up applications after one hour in the water, after two hours in the sun, and/or any other time as needed. Please note, this will mean your child may need camp staff to assist applying sunscreen. Please explain this to your child before camp.

\*\*The YMCA reserves the right to disallow anyone to participate in the Camp Program at any time for failure to comply with this policy.\*\*

**I have read, understood and agree to comply with the YMCA Sunscreen Policy.**

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# CAMPER MEDICAL HISTORY—To be completed by parent

## Health History:

Frequent Ear Infections  
Heart Defect/Disease  
Convulsions  
Diabetes (onset)  
Bleeding/Clotting Disorders  
Epilepsy (onset)  
Tonsillitis

## Allergies:

Hay Fever  
Poison Ivy, Etc.  
Insect Stings  
Penicillin  
Other Drugs  
Peanuts  
Other Foods

## Diseases:

Rheumatic Fever  
Chicken Pox  
Measles  
German Measles  
Mumps  
Asthma  
Strep Throat

- **Please give allergy description and instructions.**

Operations or Serious Injuries (dates) : \_\_\_\_\_

Chronic or recurring illness or special needs: \_\_\_\_\_

(For Girls) Has this camper menstruated? \_\_\_\_\_ If yes, is it normal? \_\_\_\_\_

Are there any over-the-counter, non-prescription medications or ointments that SHOULD NOT be given to your child?  
(i.e. Tylenol, bug repellent, Sudafed, etc.) \_\_\_\_\_

Current Medications (List name, dosage and time schedule) \_\_\_\_\_

*All medications must be in a correctly labeled container and given to the Camp Director at check-in time.*

**NO MEDICATIONS (PRESCRIPTION OR OVER-THE-COUNTER) WILL BE ALLOWED IN THE CABINS.**

Primary Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Dentist's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## IMPORTANT—MUST BE COMPLETED FOR ATTENDANCE

**Parent's Authorization:** This health history is correct so far as I know, and the person herein described has permission to engage in all camp activities, except as noted. I understand there is some inherent risk in activities at camp and accidents sometimes occur. I understand that the camp fee does not include accident insurance. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I hereby give permission to the physician selected by the camp director to order x-rays, routine tests and treatment for the health of my child, and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for and to order injection and/or anesthesia and/or surgery for my child as named below. I agree that after a place is reserved he or she will remain until the end of the period unless necessary to withdraw due to illness as defined by the camp physician.

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Email required for confirmation: \_\_\_\_\_

# GETTING TO KNOW OUR CAMPERS!

**Parents:** We can work more effectively with your child at camp this summer if we know as much about him/her as possible. Please help us by completing this form and returning it to us as soon as possible. All information will be confidential and only used by the camp counselors to help provide the best experience for your child this summer!

Well-liked nickname: \_\_\_\_\_ Age while at camp: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Who does the child live with: \_\_\_\_\_

Legal Guardian/Parent(s) Name(s): \_\_\_\_\_

Occupation(s): \_\_\_\_\_

Does your child have any special needs?: \_\_\_\_\_

Any physical disabilities or limitations?: \_\_\_\_\_

What illness has the camper had lately?: \_\_\_\_\_

Will these affect the camper from taking part in camp activities?: \_\_\_\_\_

Has your child experienced any recent life changes that may affect his/her time at camp? (Ex: recent move, family death, etc.) \_\_\_\_\_

What areas of your child's life would you hope to see further developed by the camp experience?: \_\_\_\_\_

What do you consider his/her strengths and weaknesses?: \_\_\_\_\_

What responsibilities does camper have around home and in the community?: \_\_\_\_\_

How would you rate your camper's school work? (Ex: Excellent, Fair) \_\_\_\_\_

Any special problems in school? \_\_\_\_\_

What social contact does camper have with others about his/her own age? \_\_\_\_\_

Does your child make friends easily?: \_\_\_\_\_ Do they express their feelings easily?: \_\_\_\_\_

What serious fears does the camper have?: \_\_\_\_\_

What type of discipline works well with your child?: \_\_\_\_\_



**Thank you for completing our "Getting to Know Our Campers" questionnaire!  
We can't wait for camp!**